

God's Perfect Patterns is a 13-Week Devotional Journey Through the Sevens of Scripture

"The works of the LORD are great, sought out of all them that have pleasure therein." Psalm 111:2

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by Scott A Asselin

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Introduction: "In the Beginning, God..."

"In the beginning God created the heaven and the earth." — Genesis 1:1

Before the stars filled the sky or the waves met the shore, before birds sang or flowers bloomed, there was God, eternal, almighty, and holy. The Bible opens with a profound statement:

"In the beginning God..."

These words do not argue His existence; they declare it. And from that declaration flows everything we need to know about our origin, purpose, and destiny.

The creation account is more than a sequence of events. It is a divine revelation of the One who made all things with intention and order. As we journey through the seven days of creation, we witness more than the birth of a world, we encounter the character of a God who shapes chaos into beauty and darkness into light.

Each day reveals a pattern: God speaks, and it is done. He divides, gathers, names, blesses, and rests. These acts reflect His wisdom and care and point to truths we still need, about identity, purpose, work, and worship.

As you read these devotionals, let your heart be drawn not just to creation's wonder, but to the Creator Himself. May the same God who spoke the world into being speak peace, order, and renewal into your life.

Let's begin - in the beginning, God...

The 7 Days of Creation

Day 1 – Light: The Pattern of Revelation

Day 2 – Firmament: The Pattern of

Separation

Day 3 – Dry Land: The Pattern of

Foundation

Day 4 – Lights in the Firmament: The

Pattern of Order

Day 5 – Fish and Fowl: The Pattern of

Abundance

Day 6 – Man in God's Image: The Pattern of

Purpose

Day 7 – Rest: The Pattern of Completion

Let There Be Light

"In the beginning God created the heaven and the earth." Genesis 1:1

That's how it all starts. But what's the very first thing He spoke into existence? Light. **Genesis 1:3** says,

"And God said, Let there be light: and there was light."

Just like that, light pierced the darkness - not from the sun or the stars (those came later), but from the presence and power of God Himself. It was light with no source but God's own voice.

That alone is worth sitting with. God didn't begin with oceans or galaxies; He began with light. It's as if He wanted His very first word to creation to be a declaration: "There is no place so dark that I cannot enter it." That's still how He works in our lives. No matter what form the darkness takes - confusion, sin, loneliness, or fear - He speaks and says, "Let there be light," and there is. Light that brings clarity. Light that brings hope. Light that reveals what's really there.

I remember a time during a winter storm when the power went out unexpectedly. No heat, no lights, just darkness. I reached for a flashlight, and that small beam transformed the room. I still couldn't see everything, but I saw enough to take a step. That's how God's light works in your life. Maybe it won't reveal the whole picture all at once, but it will show you the next step.

Jesus said in John 8:12,

"I am the light of the world: he that followeth me shall not walk in darkness, but shall have the light of life."

If you're following Him, you have light, no matter how dim things may feel.

So today, ask yourself: Where do I need God's light to shine? Are there dark corners of my heart that need His truth? Are there decisions I'm facing that need clarity? Open His Word. Spend time in prayer. Let Him speak again, "Let there be light." He's still lighting the way, one step at a time.

The Firmament and the Separation

As we move into the second day of creation, God does something a bit unexpected. **Genesis 1:6–7** says,

"And God said, Let there be a firmament in the midst of the waters, and let it divide the waters from the waters... and it was so."

In simple terms, God separated the waters, creating the sky between them. What was once one mass of chaos is now divided, defined, and ordered.

Now think about this: God's second creative act is an act of separation. That may not feel very exciting at first glance. We love stories about creation and multiplication, but here God is making space. He's putting boundaries in place. And sometimes, that's where the real beauty begins.

I think about how a good gardener prepares the soil. Before planting anything, he takes time to clear out what doesn't belong. He pulls weeds, moves stones, and separates beds from walkways. There's a design behind the division. The goal isn't to break things up; it's to make space for growth.

God still works this way. In our lives, He often starts the process of blessing with separation. Maybe He removes certain distractions. Maybe He creates distance between us and things, or even people, that are holding us back. It doesn't always feel like progress. In fact, it can feel lonely or even painful. But what if the space He's creating is sacred? What if it's meant to hold something new?

2 Corinthians 6:17 says,

"Come out from among them, and be ye separate, saith the Lord."

That's not a call to isolation; it's a call to consecration. To be set apart for something more.

So today, consider this: Is God separating something in your life, not to harm you, but to help you? Are you making room for what He wants to do next? Don't rush to fill every silence or cancel every interruption. Some separations are divine. Some boundaries are blessings. Trust the Gardener.

The Earth Appears and Things Begin to Grow

On the third day of creation, the scene changes dramatically. **Genesis 1:9** tells us,

"And God said, Let the waters under the heaven be gathered together unto one place, and let the dry land appear: and it was so."

And then in verse 12,

"The earth brought forth grass, and herb yielding seed after his kind..."

Now, for the first time, the land is visible. Solid ground rises from the sea, and almost immediately, life begins to emerge, plants, grasses, herbs, and fruit-bearing trees. What a transformation! From the murky chaos of water, God calls forth a place where growth can happen. The land wasn't created in that moment, it was revealed. It was there all along, waiting to be uncovered.

That's how God works with us, too. Often, He doesn't bring new things from nowhere, He simply gathers the waters and shows us what was there under the surface. He reveals potential. He uncovers purpose. But He always begins by setting things in order.

Sometimes, God has to clear the way before He can bring fruitfulness. Maybe you've felt like you're in a season of pulling back, where things are being removed, routines are disrupted, or emotions are stirred. It can feel chaotic, but maybe it's God gathering things together to reveal what's been buried under busyness, fear, or distraction.

Growth in God's Kingdom is always intentional. The plants came forth "after his kind." Nothing random. Nothing wasted. If you stay rooted in Him, you'll bear fruit that fits the kind of person He's forming you to be.

Jesus said in John 15:5,

"He that abideth in me, and I in him, the same bringeth forth much fruit."

So don't rush the process. Ask God today: What ground are You uncovering in my life? What seeds have You already planted that I need to tend to? Trust that fruit will follow. But let Him prepare the soil first.

Lights to Govern the Day and Night

By the time we reach the fourth day of creation, something new appears in the sky. Genesis 1:14 says,

"And God said, Let there be lights in the firmament of the heaven... and let them be for signs, and for seasons, and for days, and years."

The sun, moon, and stars are placed where they belong, not just to give light, but to establish time, rhythm, and order.

That detail matters as light already existed from Day 1. Remember, God Himself spoke light into being. But now, He appoints specific lights to govern specific times. The sun for the day. The moon for the night. The stars for signs and seasons. This is more than beauty, it's structure. God was putting everything into motion with design and precision.

Our lives need that, too. We live in seasons, seasons of joy, rest, grief, work, waiting. **Ecclesiastes 3:1** reminds us,

"To every thing there is a season, and a time to every purpose under the heaven."

The God who put the stars in their courses is also the One who orders our days.

I remember a time in my life when I was eager to move forward. I felt like I was stuck in night while everyone else was walking in daylight. But then someone reminded me: even the moon serves a purpose. It governs the night. It reminds us that God is still watching, still ruling, even when things are dim. Not every season is bright, but every season is God-ordained.

Maybe today you find yourself in a season of transition, or perhaps a season of waiting. Don't despise it. Instead, ask God what He wants to teach you in it. The sun will rise when it's time. Until then, trust the timing of the One who put the lights in the sky.

He hasn't lost track of your days. He's measuring them with the same care He used when He created the world. Let His timing govern your heart.

Life in the Sea and Sky

Creation continues, and on the fifth day, God fills two very different environments with life. **Genesis 1:20** says,

"And God said, Let the waters bring forth abundantly the moving creature that hath life... and fowl that may fly above the earth in the open firmament of heaven."

Just like that, the sky teems with birds, and the oceans come alive with fish and great sea creatures.

There's something breathtaking about that phrase "bring forth abundantly." It speaks to the lavish, generous nature of God. He didn't create a single sparrow or one lonely minnow. He made the skies and seas rich with movement, sound, and life. And He's still the same God today, never stingy, never reluctant, but abundant in His blessings.

The sea and sky are both vast, mysterious places, largely unknown to us. Yet God fills both with life. That tells me He's not afraid of our unknowns either. He meets us in the deep, in the heights, and in the inbetween.

Have you ever stood at the ocean's edge and marveled at its power? Or watched a bird soar freely across the sky and felt a longing rise within you for freedom? These images are more than scenery; they are symbols of how God works. He fills what feels empty. He brings life where there once was none. He brings movement to what was still.

Psalm 104:24 says,

"O Lord, how manifold are thy works! in wisdom hast thou made them all: the earth is full of thy riches."

That includes your life too. You might feel like a deep ocean right now, hard to understand, hard to navigate, but God can bring life there. Or maybe you feel like you're in the air, uncertain, floating, waiting to land. God fills that space, too.

Take time today to thank Him for His abundance. Look around. Listen to the birds. Watch the sky. He is not a God of lack, but of overflow. And when He speaks life into your situation, it will come forth - abundantly.

Beasts and Man: The Crown of Creation

The sixth day is a day of fullness. **Genesis 1:24** tells us,

"And God said, Let the earth bring forth the living creature after his kind... and it was so."

But then something changes. God doesn't just speak the next creation into being—He forms it. He creates man. Genesis 1:26 says,

"And God said, Let us make man in our image, after our likeness..."

That phrase alone should make us pause. The entire universe was spoken into existence, but when it came to you and me, God got personal. He formed man from the dust of the ground and breathed into him the breath of life. Everything else was declared; humanity was designed.

You're not an accident. You're not a random mixture of cells and breath. You are made in the image of God. You were fashioned with intention, purpose, and dignity.

Day six also reminds us that God creates roles and responsibilities. He didn't just make Adam and Eve to admire the scenery; He told them to "have dominion... and subdue" (Genesis 1:28). From the very beginning, mankind was made to steward, to lead, to reflect the Creator in how we care for creation.

I remember holding children as each was newborn and being overwhelmed, not just by how small and delicate they were, but by the sheer mystery of what it means to be created in God's image. This little life bore the fingerprints of heaven. So do you.

Don't let the world tell you that your worth comes from performance, appearance, or approval. You carry God's image. That's enough. That's everything.

Take a moment today to thank God for how He made you, on purpose. Ask Him to help you live like someone made in His likeness. Whether you're leading a family, managing a business, or just trying to make it through the day, your life matters because your Creator says so.

God Rested: A Sacred Pause

And on the seventh day, God rested. **Genesis 2:2–3** says,

"And on the seventh day God ended his work which he had made; and he rested on the seventh day... And God blessed the seventh day, and sanctified it."

It's easy to rush past this verse. We tend to think of rest as inactivity or weakness. But here, the all-powerful Creator of the universe models rest, not because He was tired, but because the work was finished. He took a sacred pause to enjoy what He had made. And then He blessed that day. He called it holy.

We live in a world that glorifies hustle and constant productivity. But God reminds us that stopping is not a sin. In fact, rest is part of His design. Not just sleep, but stillness. Reflection. Worship. Renewal.

I remember a Sunday afternoon several years ago, sitting under a tree in complete silence. No phone. No email. Just the sound of leaves rustling and birds nearby. It felt like the world slowed down, and in that moment, I felt God's presence more clearly than I had in a while. That's the beauty of rest. It creates space to hear His voice.

The Sabbath isn't about legalism. It's about rhythm. Just as creation had a pattern, work, work, work, and rest—so should we. **Exodus 20:11** ties this moment directly to us:

"For in six days the Lord made heaven and earth... and rested the seventh day: wherefore the Lord blessed the sabbath day, and hallowed it."

So, how's your rhythm? Do you give yourself permission to stop? Do you take time to enjoy what God has done? Rest isn't laziness, it's trust. It's saying, "God, I don't have to do it all. You already have."

Take the time today to rest, not just physically, but spiritually. Reflect on what God has made, both in the world, and in your life. Worship Him for His goodness. Let rest be a reminder: God is in control, and His work, including you, is good.

Epilogue: "And God Saw Everything..."

"And God saw every thing that he had made, and, behold, it was very good." — Genesis 1:31a

With the setting sun on the sixth day and the sanctifying rest of the seventh, God stepped back and surveyed His handiwork. The divine artist, having painted the canvas of creation with light, life, and law, pronounced it all "very good." Nothing was missing. Nothing was out of place. Every blade of grass, every bird in flight, every ripple on the ocean surface, perfect in design and divine in purpose.

The seven days of creation are more than a record of beginnings; they are a revelation of the Creator. They show us His order, His creativity, His love of beauty, and His desire for relationship. They display a God who is not distant or indifferent, but One who is present, powerful, and purposeful.

As we step away from this journey through Genesis 1 and 2, we are reminded that we are not cosmic accidents. We are fearfully and wonderfully made (Psalm 139:14), fashioned by the same God who made the stars also to shine within our hearts. His creative work didn't end on the seventh day, it continues in us.

"If any man be in Christ, he is a new creature" (2 Corinthians 5:17).

We live in a world marred by sin, yet the fingerprints of God still remain on every leaf, wave, and heartbeat. Creation continues to declare His glory (Psalm 19:1). And though the world groans for

redemption (Romans 8:22), the Creator who began it all will finish what He started.

So let us live with awe. Let us worship the Creator, not the creation. And let us rest, not just as a pause from labor, but in full trust of a sovereign God whose work is good, whose Word is true, and whose will is perfect.

Amen.

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